

Paris syndrome

Paris syndrome is a sense of extreme [disappointment](#) exhibited by some individuals when visiting [Paris](#), who feel that the city was not what they had expected. The condition is commonly viewed as a severe form of [culture shock](#).



The [Eiffel Tower](#) in Paris

The syndrome is characterized by a number of psychiatric symptoms such as acute [delusional](#) states, [hallucinations](#), feelings of [persecution](#) (perceptions of being a victim of [prejudice](#), [aggression](#), [hostility](#) from others),^[1] [derealization](#), [depersonalization](#), [anxiety](#), as well as [psychosomatic](#) manifestations such as [dizziness](#), [tachycardia](#), [sweating](#) most notably, but also others, such as vomiting.^[2]

While the syndrome has been particularly noted among Japanese tourists, it has also affected other travelers or temporary residents from East and Southeast Asia, such as those from China, South Korea, and Singapore.

History

Susceptibility

See also

References

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