

The Voluntary Human Extinction Movement



“May we live long and die out”

Phasing out the human species by voluntarily ceasing to breed will allow Earth’s biosphere to return to good health. Crowded conditions and resource shortages will improve as we become less dense.

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Translations welcome

[ABOUT THE MOVEMENT](#)

- [What is the Voluntary Human Extinction Movement?](#)
- [Are you really serious?](#)
- [Are some people opposed to the VHEMT concept?](#)
- [What’s new?](#)
- [How do I join?](#)
- [How do I order stickers, T-shirts, and stuff?](#)

[BIOLOGY AND BREEDING](#)

- [What’s wrong with having babies? Don't you like babies?](#)
- [Aren't the wrong people making babies these days?](#)
- [I'm extra smart. Shouldn't I pass on my genes?](#)
- [What about the human instinct to breed?](#)
- [Do we have to stop having sex?](#)
- [Does VHEMT favor abortion?](#)
- [Will contraception lower birth rates?](#)

[DEATH](#)

- [Will new viruses, wars, famine, and toxic waste help the cause of human extinction?](#)
- [Are we all supposed to kill ourselves?](#)
- [Won't VHEMT die out when all its members die off?](#)
- [Why don't you just kill yourself?](#)

- [Is this another one of those suicide cults?](#)

DEMOGRAPHY

- [Birth rates are dropping all over the world. Isn't the "population bomb" a dud?](#)
- [If we only produce two children, doesn't that just replace ourselves?](#)
- [Will lower Infant Mortality Rates cause lower Total Fertility Rates?](#)

ECOLOGY

- [Is parenthood bad for Earth's ecology?](#)
- [What's the big deal about animals going extinct?](#)
- [Are humans the most important species on Earth?](#)
- [How do I gauge the depth of my ecology?](#)
- [Don't humans have a place in Nature?](#)
- [Isn't over-population just a human distribution problem?](#)
- [Won't Mother Nature restore a balance if we get too over-populated?](#)
- [Why extinction? Why not just get our population down to a sustainable size?](#)

ECONOMICS

- [Does a growing economy require a growing population?](#)
- [Who will pay our social security when we're old?](#)
- [Is conservation the answer to resource depletion?](#)
- [Isn't over-population worse in poor countries?](#)
- [Is unequal distribution of wealth the cause of hunger rather than over-population?](#)
- [Wealthy countries have low fertility rates, so why not just increase a nation's GDP and let birth rates fall naturally?](#)
- [Is capitalism the main cause of environmental destruction?](#)

POLITICS

- [Didn't Hitler have the same ideas?](#)
- [Does VHEMT support China's one-child policy?](#)
- [Should human migration be controlled to help Earth's ecosystems?](#)
- [Will smart growth preserve green space around urban areas?](#)
- [What about our right to breed?](#)

PHILOSOPHY and RELIGION

- [What good is a healthy biosphere if there are no humans around to enjoy it?](#)
- [If there were a magic button for extinction, would you press it?](#)
- [Isn't over population just a symptom of the problem rather than the cause?](#)
- [Would we be better off if we had never been born?](#)
- [Are religions to blame for human over population?](#)
- [Earth's sun will burn out in a few billion years anyway, so what difference does it make?](#)

SCIENCE FICTION and FANTASY

- [Why can't new technological breakthroughs solve our problems?](#)
- [Without us, who would protect Earth from extraterrestrial threats like comets and asteroids?](#)
- [Why not clone extinct species from their DNA codes?](#)
- [Why not move excess human population to colonies on other planets?](#)
- [If we spread life to other planets, wouldn't there be more chance for it to survive?](#)

FAILURE

- [What if we fail to voluntarily phase ourselves out?](#)

SUCCESS

- [What will the world be like when our population starts getting smaller?](#)
 - [Will human extinction solve all of Earth's problems?](#)
 - [What will Earth be like without humans?](#)
 - [Is voluntary human extinction possible?](#)
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Fascinating animation shorts by Nina Paley

[“The Stork”](#) 3:00 min

Little bundles of joy delivered by the mythical stork, with natural consequences.

[“The Wit and Wisdom of Cancer”](#) 4:30 min.

What would cancer cells say if they progressed to humanity's advanced level of consciousness?



[“Fertco”](#) 3:00 min

Fertility treatments with big box economy.

[Thank You For Not Breeding](#)

Documenting some of human population growth's effects on Earth's biosphere. Includes interviews with Les Knight of VHEMT, Chris Korda of the Church of Euthanasia, and others.

Responses to VHEMT from website visitors, with replies from Les:

[Agreements](#), [Disagreements](#), and [Misunderstandings](#).

[Random questions and answers](#)

[Related links](#)

[Links about VHEMT](#)

[VHEMT Graphics available for use.](#)



Les U. Knight

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